

Culture 11+

Curriculum to alternate (Year 1 & Year 2)

Year 2 –

September 9 Welcome and Syllabus

September 16 Yoga and Meditation
Prayers (Aarti)

Introduction to Values (Purna Vidya – Values Part 6)

September 23 Introduction to Values

September 30 Truthfulness and Friendship

October 7 Attitude towards Money and Jealousy

October 14 Yoga and Meditation
Prayers (Aarti)

Introduction to Indian Sports

October 21 Intro to Indian Sports – Cricket, Kho Kho, kabbadi, etc.

October 28 Indian Sports Day
Prepare 4 stations for different sports

November 4 Diwali Party
Talent Show

November 11 Yoga and Meditation

Indian Picture Book

November 18 *Manic Panic* by Richa Jha

December 2 Project

December 9 Project

December 16 Project

January 6 Yoga and Meditation

Vedic Teachings – (Purna Vidya Textbook Part 11)

Follow syllabus plan for activities at the back of the book.

January 13 Introduction to Vedas
Chapter 2 – Vedas as a Means of Knowledge

January 20 The Four Upavedas

January 27 Ayur Veda and Dhanur Veda

February 3 Yoga and Meditation

February 10 Gandharva Veda

February 24 Artha Sastra

March 3 Yoga and Meditation

March 10 Vastu Sastra

March 17 Silpa Sastra and Agama Sastra

March 24 Yoga Sastra

March 31 Kavya Literature

April 7 Devotional Literature

April 28 Vedanta Literature